



INTERNATIONAL SOCIETY
FOR COACHING PSYCHOLOGY

Updates on Coaching Psychology around the globe

COPC, Catalunya (Spain)

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11th International Congress of Coaching Psychology

*“Enhancing Wellbeing,
Managing Complexity and
Navigating Transition
through Positive and
Coaching Psychology”*

4th - 8th October 2021

COPC, Catalunya (Spain)



In Spain, the **psychology profession** is regulated by the official psychology societies, which is where the activities and development of **coaching psychology** take place.

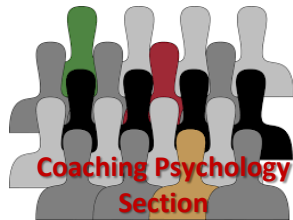


Throughout Spain there are **23 societies** (known as “*Colegios Oficiales de Psicología*”, **COP**), that are grouped into the [General Psychology Council of Spain](#) (known as **CGCOP**), with **77,800** chartered members. The CGCOP is a member of the European Federation of Psychologists’ Associations (EFPA).



One of these societies is the [Col·legi Oficial de Psicologia de Catalunya](#) (known as **COPC**), that has four provinces (*Barcelona, Girona, Lleida* and *Tarragona*) and **16,200** chartered members.

COPC, Catalunya (Spain)



The COPC is organised into professional sections; one of these is the [Coaching Psychology Section](#), which I am representing as president. It was created in **2012** with about 100 people, and currently has **510 members**, from the different fields (organisational, educational, life, health, sports, etc.).



In the framework of the **1st International Congress of Coaching Psychology-Spain** (Barcelona, 11th-12th October, **2011**), the COPC signed a **MoU** with the ISCP, an agreement to work together in support of the development of coaching psychology. This MoU was updated in May **2019** to recognise that both **accreditation systems for coaching psychologists** are equivalent.

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The mission of our section:



- ✓ To respond to the needs and expectations of the coaching psychologists, ensuring the consolidation of their **professional role** and differentiated positioning in the **market**.
- ✓ With the new scenario of COVID-19 and post COVID, to give support to **refocussing** our profession, turning a crisis into an opportunity, **reinventing** oneself to **navigate adversity, uncertainty** and “new normal”: training new skills for remote working and leadership, for virtual relationships, for resilience, to manage time and emotions, etc.
Right now, **positive and coaching psychology** face an important role and a big challenge!

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Some statistics about our section:



- ✓ **Trained** coaching psychologists: **600** (initial & advanced level)
- ✓ **Certified** coaching psychologists: **150**
- ✓ **ISCP Affiliated** members: **100** (as agreed in the MoU)
- ✓ **ISCP Accredited** members: **40** (as agreed in the MoU)

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COP's coaching psychology goals:



- ✓ The psychology societies of Spain programme and carry out conferences, roundtables, workshops and courses to continue **diffusion** and **training** in coaching psychology.
- ✓ They also **accredit** coaching psychologists (COP Catalunya: **140**; COP Madrid: **100**; COP Comunitat Valenciana: **80**; and COP Región de Murcia: **15**), ensuring the **best practices** and promoting the **recognition** by the **society** in general.

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Strategic Plan 2020-2022 of our section:



- ✓ To stimulate the activity of the section's members (**working groups**).
- ✓ To further professional development: **training** (courses, workshops, conferences, roundtables..., now most **online**) and **accreditation** (requirements: training, experience and supervision).
- ✓ To consolidate the coaching psychologist **brand**: "[Institutional Manifesto on Coaching Psychology](#)" (approved by the CGCOP, 2019).
- ✓ To further **supervision**: training and professional service for coaching psychologists.
- ✓ To further **research**: training, awards, support for PhD thesis, publications in journals, etc.

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Thursday 19th & Friday 20th May 2022

**12th International Congress of Coaching Psychology-Spain, 2022
Virtual Conference**

“Coaching Psychology for the Adjustment of Organisations and People over the next 10 years”

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If you would like more information, please, contact me:



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